





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Glenview July 2021  <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Coffee/ Snack Every Day 3:00pm   </div>				1 12:15 R/S- Church Video 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Music n Motion 3:40 S- Lets Reminisce 4:30 R- Game Night	2 1:00 R- Exercise 2:00 R- Wheel of Fortune 3:30 S- Sit & Stretch 3:40 S- Outdoor Fun	3 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Sit & Stretch 3:40 S- Dice Shakers
4 No Scheduled Activities 	5 1:00 R- Exercise 2:00 R- Penny Bingo 3:30 S- Movers & Shakers 4:00 S- Celebrate the Season	6 12:15 R- Devotions 1:00 R- Exercise 2:00 R- 500 Cards 3:30 S- Sing-a-long 4:30 R- Sing-a-long w Sue & Carla	7 Janice P Bday 10:00 R- Wed. Weights 10:30 R- Manicures 1:00 R-Exercise 2:00 R- UNO Cards 3:30 S- Sit & Stretch 3:40 S- Dice	8 12:15 R/S- Church Video 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Music n Motion 3:40 S- Lets Reminisce 4:30 R- Game Night	9 1:00 R- Exercise 2:00 R- BUNCO Dice 3:30 S- Sit & Stretch 3:40 S- Outdoor Fun	10 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Sit & Stretch 3:40 S- Dice Shakers
11 No Scheduled Activities	12 Ann O Bday 1:00 R- Exercise 2:00 R- Penny Bingo 3:30 S- Movers & Shakers 4:00 S- Celebrate the Season	13 11:15 Out to Lunch "Blue Bobber" 2:00 R- Dice Games 3:30 S- Balloon Toss 3:40 S- Trivia Time 4:30 R- 500 Cards	14 10:00 R- Wed. Weights 10:30 R- Manicures 1:00 R-Exercise 2:00 R- FLIPPO Cards 3:30 S- Sit & Stretch 3:40 S- Dice	15 12:15 R/S- Church Video 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Music n Motion 3:40 S- Lets Reminisce 4:30 R- Game Night	16 1:00 R- Exercise 2:00 R- Brain Games for ALL 3:30 S- Sit & Stretch 3:40 S- Outdoor Fun	17 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Sit & Stretch 3:40 S- Dice Shakers
18 No Scheduled Activities	19 Lorraine A Bday 1:00 R- Exercise 2:00 R- Penny Bingo 3:30 S- Movers & Shakers 4:00 S- Celebrate the Season	20 12:15 R- Devotions 1:00 R- Exercise 2:00 R- 500 Cards 3:30 S- Sing-a-long 4:30 R- Sing-a-long w Sue & Carla	21 10:00 R- Wed. Weights 10:30 R- Manicures 1:00 R-Exercise 2:00 R- UNO Cards 3:30 S- Sit & Stretch 3:40 S- Dice	22 12:15 R/S- Church Video 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Music n Motion 3:40 S- Lets Reminisce 4:30 R- Game Night	23 1:00 R- Exercise 2:00 R- Outdoor Games & More 3:30 S- Sit & Stretch 3:40 S- Outdoor Fun	24 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Sit & Stretch 3:40 S- Dice Shakers
25 Carla G Bday No Scheduled Activities	26 1:00 R- Exercise 2:00 R- Penny Bingo 3:30 S- Movers & Shakers 4:00 S- Celebrate the Season	27 12:15 R- Devotions 1:00 R- Exercise 2:00 R- Dice Games 3:30 S- Balloon Toss 3:40 S- Trivia Time 4:30 R- 500 Cards	28 10:00 R- Wed. Weights 10:30 R- Manicures 1:00 R-Exercise 2:00 R- FLIPPO Cards 3:30 S- Sit & Stretch 3:40 S- Dice	29 12:15 R/S- Church Video 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Music n Motion 3:40 S- Lets Reminisce 4:30 R- Game Night	30 1:00 R- Exercise 2:00 R- Brain Games for ALL 3:30 S- Sit & Stretch 3:40 S- Outdoor Fun	31 1:00 R- Exercise 2:00 R- BINGO 3:30 S- Sit & Stretch 3:40 S- Dice Shakers